



Swami Rama Himalayan University

NAAC A+

**Swami Rama Himalayan University**  
**School of Yoga Sciences**  
**Teaching & Evaluation Scheme**  
**B.Sc. Yoga Science and Holistic Health Program, Semester – V**  
**Academic Year-2024-25**

Sl.	Course Code	Course Category	Subject Name	Teaching							ESE(70% Weightage)	Total	Duration / Mode		Course Attributes							Sustainable Development Goals
				Hours/Periods/Credits											Employability Entrepreneurship Skill Development Gender Equality Environment & Sustainability Human Value Professional Ethics							
				L	T	P	C	Continuous Internal Assessment Theory/Practical (30 % Weightage)														
SE I	SE II	DDA																				
1	BY501	AECC	Bhagavadgita	3	0	0	3	50	50	50	100	100	3Hrs./Theory			√			√	√	2, 3,4, 5, 8, 9	
2	BY502	CC	Yoga Principles & Practices of Healthy Living	3	0	0	3	50	50	50	100	100	3Hrs./Theory			√	√		√		3, 4, 5, 8, 9	
3	BY503	GEC	Fundamentals of Biochemistry	3	0	0	3	50	50	50	100	100	3Hrs./Theory	√		√		√		√	3, 4, 8, 9	
4	BY504(ST )	GEC	Generic Elective –I Applied Astrology, Vastu Shastra & Holistic Healing Methods	3	0	0	3	50	50	50	100	100	3Hrs./Theory	√		√	√		√		3, 4,5, 8, 9,	
5		GEC	Generic Elective –II Fundamentals of Naturopathy											√		√	√	√		√	1, 3, 4, 5, 8, 9	
6	BY505	CC	Yoga Practical – IX	0	0	6	3	50	50	50	100	100	6Hrs./Practical	√	√	√	√	√	√		1, 3, 4, 5, 8, 9,	
7	BY506(SP )	GEC	Applied Astrology, Vastu Shastra & Holistic Healing Methods	0	0	2	1	50	50	50	50	50	2Hrs./Practical	√		√	√		√		3, 4, 5, 8, 9	
8		GEC	Naturopathy Practical											√		√	√	√		√	1,2, 3, 4, 5, 8, 9	
9	BY507	INT	Internship-I	0	0	8	4	50	50	50	100	100	8Hrs./Practical	√	√	√	√	√	√	√	1,3,4, 5, 8 9	
			Total	12	0	16	20	350	350	350	650	650										

## Course Category

CC	Core Course	INT	Internship	AECC	Ability Enhancement Compulsory Course
GEC	Generic Elective Course				